

LET & ABLE News

Licensure Education Training & Adolescents for Better Learning Endeavors Programs
A publication of Recco S. Richardson Consulting, Inc.
Recco Santee Richardson, Ph.D., LPC

Issue 37 ... February 2018

Dr. Recco's Corner

Times are filled with swift transitions. As a result, caring and effective educators and service providers must remain abreast. One way to remain on the cutting edge of new happenings is to take part in quality continuing education credits.

In summary, continuing education is a measure used to help professionals maintain their licensure. It is required in many fields and describes participation in an education program. Any organization may use continuing education to describe their courses. It is typical for professions and industries to regulate their approved continuing education within their bylaws. Professionals should always consult their regulating body prior to embarking on continuing education.



The last 20 years has witnessed an increase in the availability of continuing education credits. The delivery of the credits is at one's finger tips. Yet most well-intended individuals fail to secure adequate and quality yearly training. This is true because many of us are already too busy, stretched in several directions and wore out at the end of the day. This is problematic because professional development, and personal growth typically are ethical mandates of our licensure/certification.

For the sake of our own growth and that of our clients, let's all get on the bandwagon of securing quality continuing education credits on a regular basis. Our investment will yield dividends untold now and in the future.

Recco

“Education can train the mind, body and soul.”

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“Effort is required when results are desired”
Dr. Recco

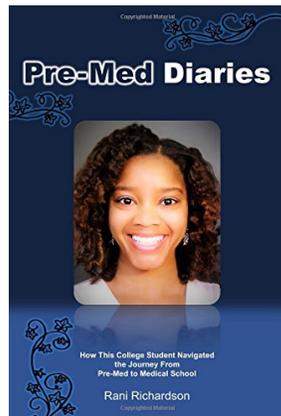
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Pre-Med Diaries : How This College Student Navigated the Journey from Pre-Med to Medical School By Rani S. Richardson

Debuting as the #1 new release in Amazon's medical training and education category, this book is an insightful and inspiring resource for high school students, college students, and educators across America.

The book offers a first-hand humorous and informative account of a pre-med student's experiences. It is full of tips and advice for aspiring pre-med students. There is critical information for college students who want to go "straight through"- deciding whether to take a gap year or not, instructions on course-planning from freshman year to senior year, and how to make a strong medical school application.



Originally from Michigan, Rani is a senior at the University of Pennsylvania, majoring in Biological Basis of Behavior. She has been accepted at several medical schools and plans to go "Straight through" to medical school.

The book is available on Amazon at the below link. https://www.amazon.com/dp/0692069836/ref=sr_1_2?ie=UTF8&qid=1518491050&sr=8-2&keywords=premed+diaries.

BOOK'S TOPICS

Advice for high school students on course planning

Study techniques for a stellar college transcript

How much being pre-med costs and how to pay for it

How to study for the MCAT

How to utilize resources in college to reach your goals

Setting realistic and attainable goals

How to be emotionally and physically healthy as a pre-med student

Information about the MD/PhD track

Becoming a physician scientist

Advice for minority and low-income students

"Those that decide to soar never regret it"

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Ivy League Pipeline Program

3rd Annual "Ivy League Colleges" Pipeline Discussions

Open To All Genesee County High Achieving 6th – 11th Grade Students



Tuesday, May 22, 2018 ... 6 pm to 8 pm

**Carman-Ainsworth High School (Auditorium)
1300 N. Linden Road, Flint, MI 48532**

College Students Rani Richardson, Randi Richardson, Jelani Taylor & Jalen Ware Will Share Their Wisdom, Personal Experiences, Perspectives & Critical Information Regarding Financial Aid, How Best To Prepare For And Gain Admission To Ivy League Colleges

- For Some Students The Cost To Attend An Ivy League College Can Be Less Than Attending A Public/Private 4 Year In-State College-

Contact

rani.richardson@gmail.com or Recco Richardson at
reccorichardsonphd@gmail.com or (810) 394-7815

No Cost ... Light Refreshments Will Be Served

*This event is offered by the college students and supported by
Recco S. Richardson Consulting, Inc.*

*"When greatness calls,
someone must answer"*

Ivy League Pipeline Program Components

- SAT/ACT Tutoring*
- College Tours/Visits
- Limited Fundraisers
- Academic Assignments
- Mentoring/Support
- Career Planning
- Limited Scholarships Search
- Enrichment Activities
- ACT/SAT Worksheets*
- Academic Assessments*

*Denotes services delivered by local vendors

*"Education is a treasure,
when you get it you're
blessed"*

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How Being Raised In Poverty Helped Me Recco Santee Richardson, Ph.D., LPC

The current pursuit of our research team to investigate and find solutions regarding poverty leads me to my own experience of having been raised poor. While I have verbalized without hesitation my experiences, to openly write about the impact in a personal manner, is something that doesn't happen often and can be considered uncharted waters. The negative outcomes associated with poverty are well documented and easy to talk about. Yet, there are positives that can be gained from the experience. Now is a good time to discuss poverty and how it has helped me.

Importance of Family: If nothing else, poverty has taught and helped me to value my nuclear, and extended family. While my family may not have had much in terms of material things, what we did have in abundance was each other. Memories from my childhood keep me grounded and appreciative of the good and bad times.

Unconditional Regard for Others: Like most people, I have had to overcome personal isms regarding other people. There is no doubt that I have had my share of shady, ill-intended, malicious and manipulate people in my life. However, my history of poverty propels me to accept and value others regardless of their lack of kindness towards me, race, creed, color, religious beliefs, life views, social status and personal orientations. In a nutshell, being the son of poverty helps me to forgive, embrace and be open-hearted towards all people.

Work Ethic: Let's face it, I like to work and get meaningful things done. While poverty may have intended to steal and produce within me inadequate motivation, laziness and the search for short-cuts, it ended up depositing a desire to work and achieve. I'm not sure how or when it happened, but it happened. And yes, I'm glad about it.

Optimism & Hope: My share of past and current difficult times and victimization mirrors that of most people. It is my strong belief that when life deals me blows and challenges, my close acquaintance with poverty helps me to call upon inner strength, trust in spiritual principles/teachings that energize and hold on to faith and ideas associated with resilience.

What I Now Understand About Poverty

It is not invincible

Requires systems of oppression to remain intact

Impacts everyone

Is a created reality

Needs practical solutions

Is upheld by poor decision making

Can be rooted in fear

Takes time to address

Is a mindset

Blocks success pathways

Doesn't have to be generational

Is a collective experience

Presents as a viable option

Must be disengaged

Can build character

Is not simple to solve

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RSRC "LLPC Supervision" Reunion Picnic

Open To All Current & Former LLPC Supervisees & Their Families

Saturday, August 18, 2018
3 pm to 6 pm



Potter Zoo (Penguin Pavilion)
1301 S. Pennsylvania Ave. Lansing, MI 49912

Join the Flint, Lansing, Bay City and Clarkston cohort participants for a wonderful time of fun, fellowship, memories, food, relaxation and more.

Cost

Parking (\$5 per auto) & Zoo Admission (\$3 - \$11 per person)

To RSVP & More Info Contact

Liz Curd, MA, LLPC
e.v.curd@gmail.com or (517) 490-5300

Recco Richardson, Ph.D., LPC
reccorichardsonphd@gmail.com or (810) 394-7815

Bring Your Children & Family Size Dish To Pass



A Glance At Potter Zoo

Enjoyable Zoo, Park & Gardens

Over 100 Acres Of Beautiful Landscape

Oldest Public Zoo In Michigan

Petty Farm & Shade

Great Children's Playground

Close & Ample Parking

Friendly Staff

Easy Access To Expressway

Zoovenire Gift Shop

Safe Environment

Family Atmosphere

Neat & Clean Restrooms

Beautiful Greenery

Near Red Cedar River

Fun, Fun, Fun

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ABLE Program

The Adolescents for Better Learning Endeavors (ABLE) Program is designed to help school age youth move forward as a result of gaining new skills and competency.

The goal is for participants to be able to successfully participate within the school setting. The program helps participants improve their academics, social life, emotional maturity and decision-making skills.

Program Components

Individual Counseling	Family Counseling
Home Visits	Crisis Management
Parenting Workshops	Incentives & Awards
Support Groups	Exciting Fieldtrips

Licensure Education Training Program (LET)

Offered by Recco S. Richardson Consulting, Inc., the Licensure Educational Training (LET) Program is an effective supervisory program that targets Limited Licensed Professional Counselors (LLPCs) who need supervision.

LET Services

Group Supervision: Monthly gatherings that review caseloads and discuss trends.

Individual Supervision: As requested, informal one-on-one sessions that provide personal attention and insightful strategies.

Communication: Unlimited monthly communication via phone, email and text.

Other: NCE workshops, counseling residencies, business services support, book club and scholarly writing/research.

*“Where there is a will,
there is a way”*

LET/LLPC's INFO

Next Group Supervision

March 2018

Lansing: Saturday March 17, 2018 (4 pm – 8 pm)

April 2018

Lansing: Saturday April 21, 2018 (4 pm – 8 pm)

Typical Topics

Case Conceptualization
Private Practice Insight
Treatment Planning
Personal Confidence
Clinical Diagnosis
Managing Difficult Clients
Career Planning & Goals
Grant/Proposal Writing
Ethical Dilemmas
Professional Disclosure
Case Termination/Closure

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Services Offered By RSRC

Afterschool Programming

Staff Trainings

Business/Entrepreneur

Individual Counseling

Research Institute

Book Writing/Publishing

Treatment/Support Groups

Educational Services

Post-Adoption Services

School-Based Initiatives

LLPC Licensure Supervision

Compliance/Regulation

Grant/Proposal Writing

Educational Fieldtrips

Youth Programming

Motivational Speaking

Program Development

Conferences/Retreats

NCE Test Workshops

Contact Us

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